

Dear Parents, It is part of the uniform/costume as a ballerina to have your hair done in a bun. Ballerinas feel special when all dressed up in the correct attire - it is also a form of discipline for them. We would like you all to make a huge effort to help your child look like a ballerina.

BALLET BUNS

YOU WILL NEED: Water Spray bottle
Hairbrush, Hair comb
Hair elastic
Hair net
Bobby pins , French pins
Hair spray

1. Water Spray Bottle: spray hair with water , use BRUSH to pull hair into high ponytail. (On crown of head)
2. NOW..... USE a COMB, flattening the hair to look smooth all over, keep going until the hair is pulled tightly, you may need to spray more water to get loose & fluffy bits. Aim to make the hair slicked flat.
3. HAIR ELASTIC : Secure hair with an elastic, pref. a black or brown one.
4. BOBBY PIN : Twist hair like a coil , then wrap it around the elastic/ base of the ponytail, round and around -making a bun shape. With the end of the ponytail, use a bobby pin to secure it under the bun. THEN QUICKLY
5. HAIRNET !! put on the hair net, twisting it to overlap it a few times, so the bun takes more form. DO not over do this so the bun looks really squished.
6. FRENCH PINS: use these to grab some of the edge of the bun hair & hairnet and pull over and under the bun, pushing it under out of visibility. Go all the way around the bun using about 4 -6 french pins depending on how big the bun is.
7. EXTRA bobby pins may be needed for heavy hair to keep the buns form.
8. HAIR SPRAY: spray hair around head to stop fluffy bits sticking up use bobby pins if necessary.
9. HEAD BANDS you may use a ballet head band. But these slip off a lot, so use bobby pins to secure them, hairspray will help grab onto the headband a little too.

RESULT = perfect ballet bun head. For every ballet class please.



French Pin

Bobby Pin